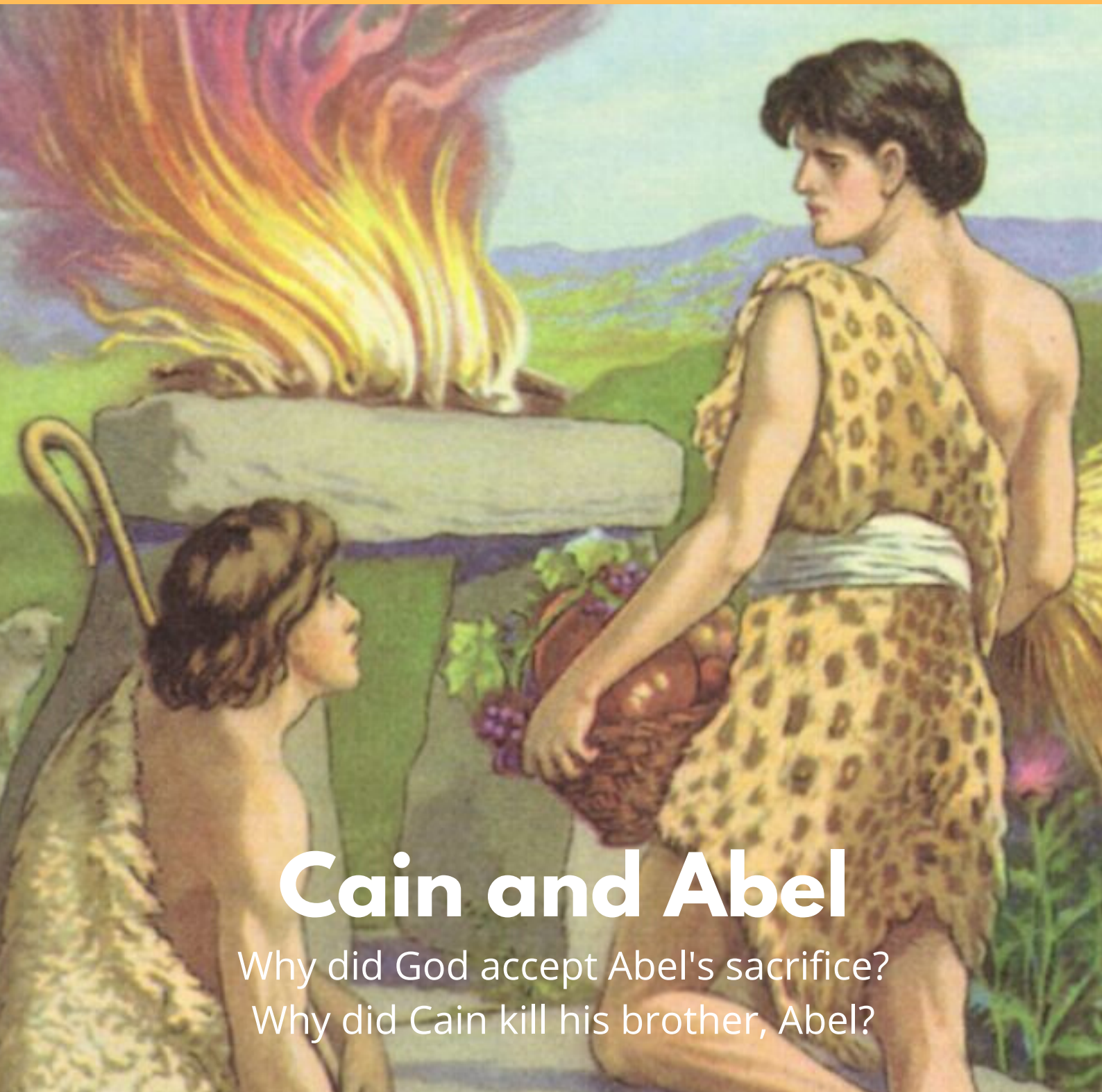


SCRIPTURE , STORIES, AND ACTIVITIES

# bible 4 kidz



## Cain and Abel

Why did God accept Abel's sacrifice?  
Why did Cain kill his brother, Abel?

VOLUME 1, ISSUE 3.

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# Scripture

The Faithful Version

## Cain and Abel

### Genesis 4:1-16

Then Adam knew Eve his wife, and she conceived and bore Cain, and said, "I have gotten a man from the LORD." And she bore again, his brother Abel. And Abel was a keeper of sheep, but Cain was a tiller of the ground. It came to pass that Cain brought to the LORD an offering of the fruit of the ground. And Abel also brought of the firstlings of his flock and of the fat of it. And the LORD had regard unto Abel and his offering, but He did not have regard unto Cain and his offering. And Cain was extremely angry and his countenance fell.

And the LORD said to Cain, "Why are you so angry? And why has your countenance fallen? If you do well, shall you not be accepted? But if you do not do well, sin lies at the door. Its desire is for you, but you must rule over it!"

And Cain talked with his brother Abel. And it came to pass that when they were in the field, Cain rose up against his brother Abel and killed him.

And the LORD said unto Cain, "Where is your brother Abel?" And he said, "I do not know. Am I my brother's keeper?" And He said, "What have you done? The voice of your brother's blood cries to Me from the ground. And now you are cursed from the earth, which opened its mouth to receive your brother's blood from your hand. When you till the ground, it shall no longer yield its strength to you, and you shall be a wanderer and a fugitive upon the earth."

And Cain said to the LORD, “My punishment is greater than I can bear. Behold, You have driven me out from the face of the earth today, and I shall be hidden from Your face. And I shall be a fugitive and a wanderer in the earth, and it shall be that anyone who finds me shall kill me.”

And the LORD said to him, “Therefore whoever kills Cain, vengeance shall be taken on him sevenfold.” And the LORD set a mark upon Cain so that anyone who found him should not kill him.

And Cain went out from the presence of the LORD and lived in the land of Nod, to the east of Eden.

# Bible Story

## Cain and Abel

Not long after leaving the Garden of Eden, Adam and Eve had a son they named Cain. Eve was very happy and said, “with God’s help I have made a man.” Later, Eve gave birth to another son called Abel.

Cain became a farmer and planted many crops - fruits, vegetables, grain and root crops. He was proud of the

things he grew. The land produced very good crops every time. Abel became a shepherd. He had lots of sheep, big ones and little ones. He loved to hear them bleating and to watch them running around the field in the sunshine. Abel got a lot of milk from them, and he also used their wool to make clothes.

From the time the two boys were children, their Mum and Dad taught them to worship God. One way of doing this was to offer an animal as a gift to God. Each of the brothers had to make this offering for himself. They could not make the offering for each other.

One year, when the crops were ready to harvest, Cain and Abel brought their gifts to God. Cain brought some beautiful food he had grown, and Abel brought the best sheep from his flocks. The Lord accepted Abel’s gift or offering, but He did not accept Cain’s offering.



God accepted Abel's offering because he followed what God said. He gave him a gift of an animal. But God did not accept Cain's offering because he did not follow God's rule. Cain gave him a gift of fruits, vegetables and other such things, but this is not what God had asked for.

Cain became very upset about this. He thought it was just not fair. It was really hard work being a farmer, and he had brought God lovely fruit and vegetables from his garden. Abel watched his flock and protected the sheep, but Cain thought it wasn't hard work like farming was. Cain kept thinking about how unfair it was that God had rejected him, and he became very angry, then angrier still.

Then the Lord called out, "Cain, Cain, what's wrong? Why are you so angry? Why are you so upset?"

God told Cain that if he would do what was right, God would then accept him. Getting angry was not the right thing to do.





The Lord then warned him, “You have to control your thoughts and feelings, or you will keep getting more upset. Then when you get yourself really upset, that is when you can do some very bad things, cause much unhappiness, and wreck your own life too.”

But Cain didn’t listen to God. He became so angry that he planned to kill his brother. One day, he went to Abel and said, “Let’s take a walk to the field. I want to show you something.” But he tricked him.

Abel trusted his older brother, so he went with him. When they were all alone in the field, Cain suddenly attacked Abel and killed him. The strike was swift and violent, and Abel was taken by surprise.

God knew what Cain had done but later that day He asked him, “Cain, where is your brother, Abel?”

Cain wasn't happy about the question, and he now felt confused and upset because he knew that he had done something terrible. He had killed his brother. God then upset him even more because He was still asking for Abel, who Cain thought was God's favorite.

Cain did not want anyone to know what he had done to his brother. He was also still angry, so he lied and said disrespectfully to God, "I don't know. Am I his babysitter?"

Then the Lord got very angry and said, "What have you done? I know you killed your brother!"

He told him, "I warned you of the danger of holding onto anger and resentment and now you have killed your brother." Cain hung his head.

"Abel cannot enjoy his family or this land anymore, and neither will you be able to. Because you did this terrible thing, I will put you in a land far away from everyone else, a land that is far away from this good land," God said.

God then punished Cain. He would no longer have a home in his parents' land. He would not be able to settle down anywhere and have a permanent home. Cain would become a wanderer. He would not even be able to produce the good crops he was so proud of. God told him, "the ground will no longer help your plants to grow."





Cain started to cry. “You are punishing me too much! You are kicking me out of this land, and I will be all by myself, wandering from place to place. Anyone I meet could kill me as well!”

So, God gave Cain protection from being killed. He told Cain, “No, I will make it clear that if anyone harms you, they will be punished even worse.”

The Lord put a special mark on Cain, so that people would not kill him. So, just as his parents, Adam and Eve, had been driven from the Garden of Eden for disobeying God, Cain was driven from his home and land and from God. From that time, Cain was taken far away to live in the land of Nod, which means the land of wandering.



# Bible Memory Verse

**Ages 4 - 5**

**Genesis 4:2**

And Abel was a keeper of sheep, but Cain was a tiller of the ground.

**Ages 6 - 7**

**Genesis 4:2-3**

And Abel was a keeper of sheep, but Cain was a tiller of the ground. It came to pass that Cain brought to the Lord an offering of the fruit of the ground.

**Ages 8 - 9**

**Genesis 4:2-5**

And Abel was a keeper of sheep, but Cain was a tiller of the ground. It came to pass that Cain brought to the Lord an offering of the fruit of the ground. And Abel also brought of the firstlings of his flock and the fat of it. And the LORD had regard unto Abel and his offering, but He did not have regard unto Cain and his offering.

# John 1:1-3, 14, 29

1. In the beginning was the Word, and the Word was with God, and the Word was God.
2. He was in the beginning with God.
3. All things came into being through Him, and not even one thing that was created came into being without Him.
14. And the Word became flesh, and tabernacled (lived) among us (and we ourselves beheld His glory, the glory as of the only begotten with the Father), full of grace and truth.
29. On the next day, John sees Jesus coming to him, and he says, "Behold the Lamb of God, Who takes away the sin of the world.

## Bible Study

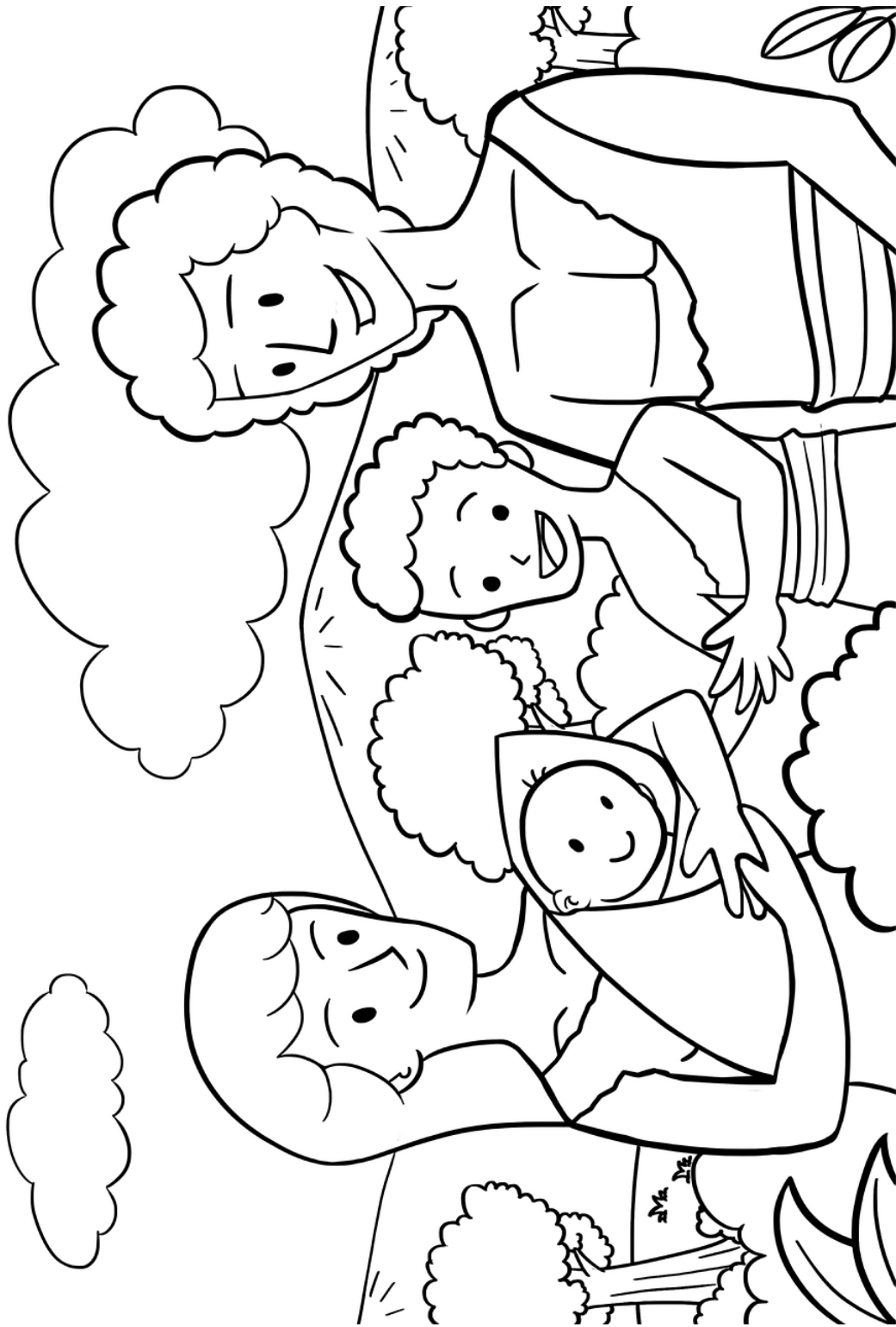
Do you remember Genesis 1:1? It tells us, "In the beginning God created the heavens and the earth."

In the book of John in the New Testament, we are told that the earth and everything in it was created by the Word, who was with God and also was God. Everything that was made, was made through Him.

Because Adam and Eve sinned, God himself came to save us. The Word became Jesus Christ, the only begotten son of the Father. He was the Lamb of God, who came to take away the sin of the world by being the sacrifice for us.

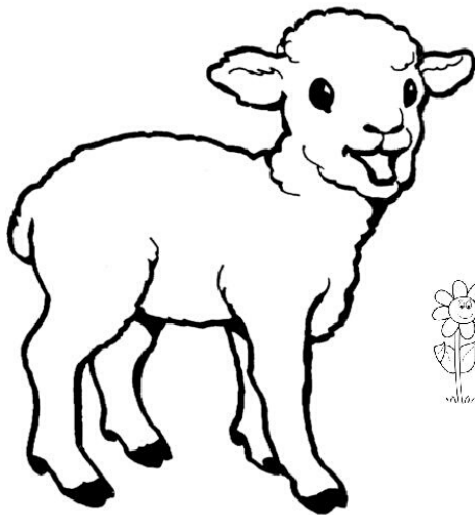
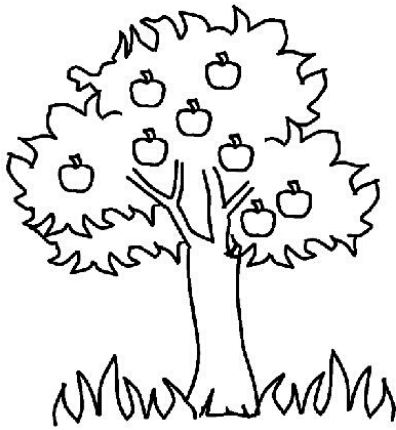
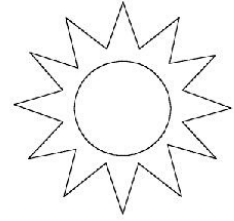
That is why we no longer need to sacrifice a lamb to God like Abel did. Jesus, our Lamb, gave His life for us. We only need to accept His sacrifice, love Him and obey Him.

# Coloring Page



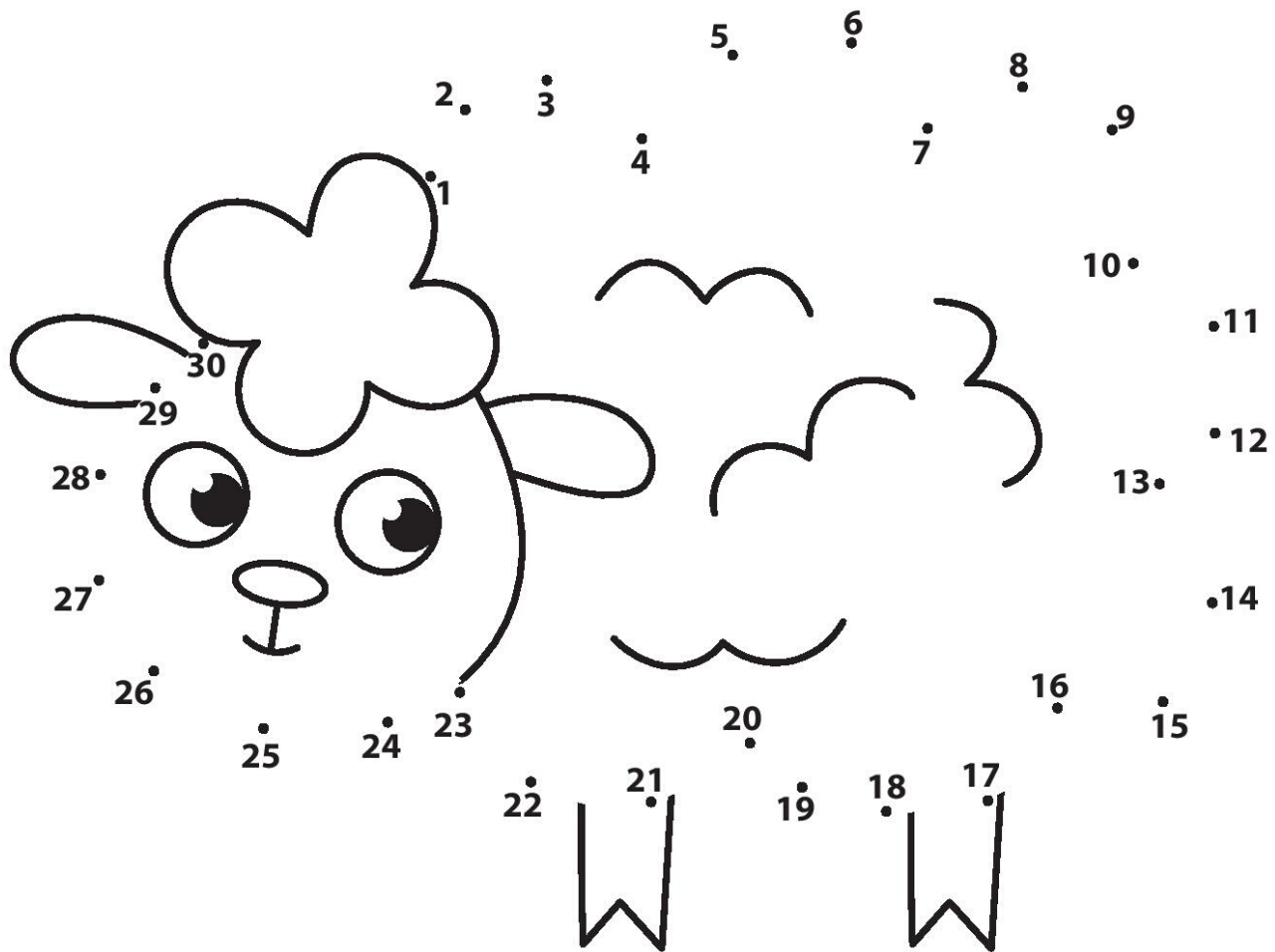
Adam and Eve with Cain and Abel

# Coloring Page



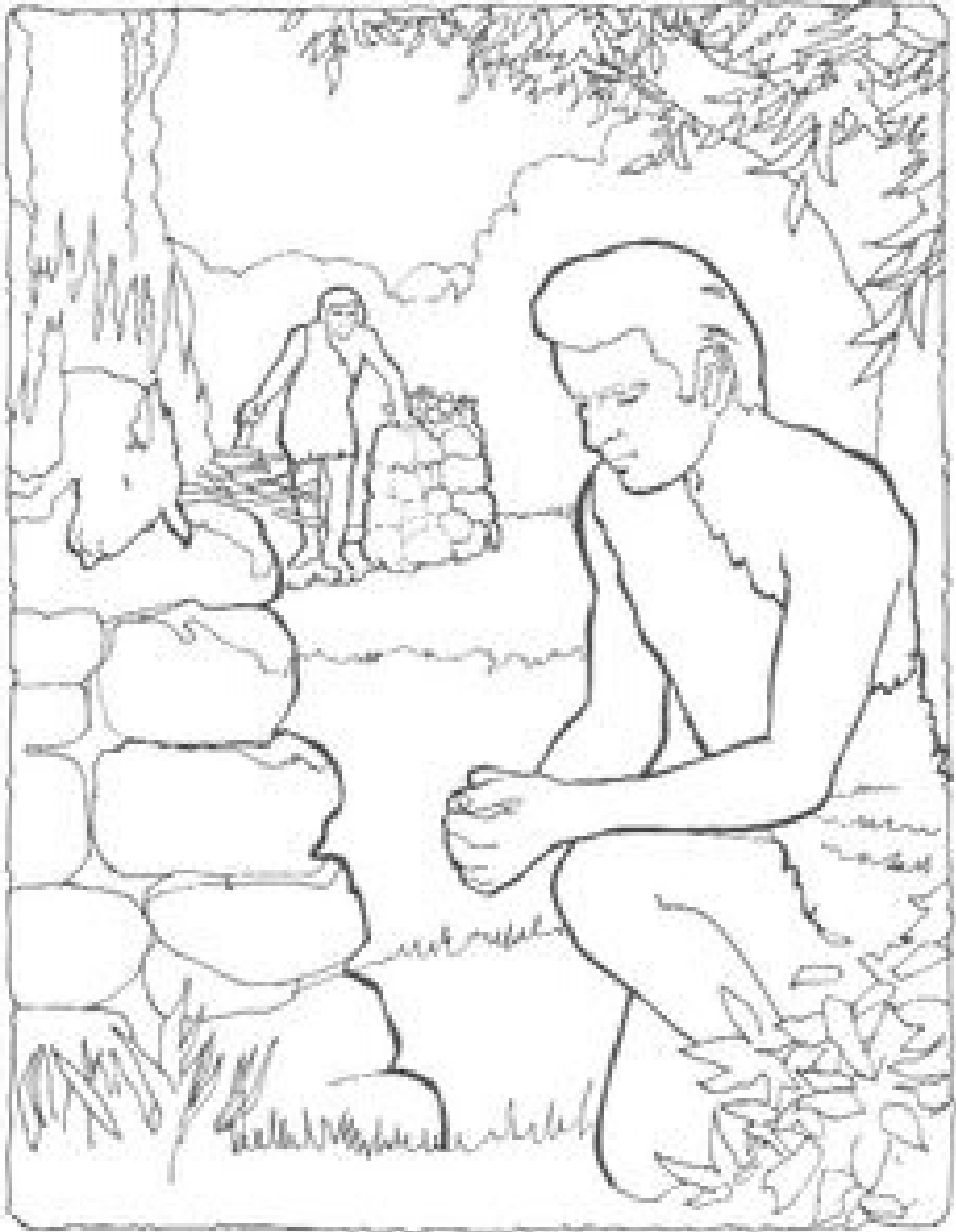
Abel was a keeper of sheep.

# Join the dots and color me in!



Abel looks after me. What am I?

# Coloring Page



Abel praying.

# Coloring Page



God accepted Abel's offering.



# Coloring Page



God did not accept Cain's offering.

# Word Search

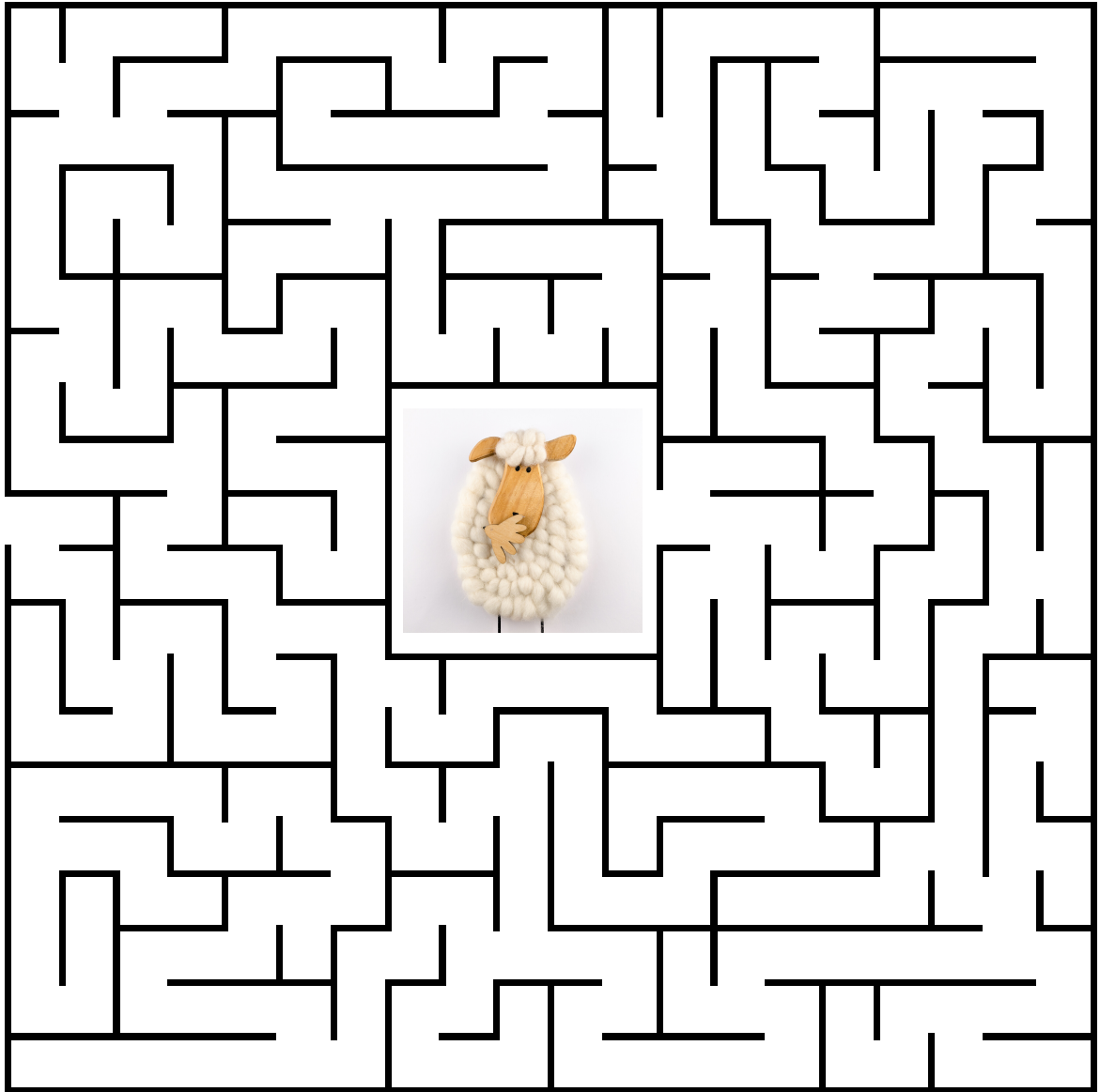
## Cain and Abel (Genesis 4:1-16)

C	U	N	R	H	F	R	K	V	A	R	F	U	D
G	N	M	T	D	E	V	I	E	C	N	O	C	C
R	N	I	N	L	F	R	U	I	T	C	L	E	O
O	G	H	L	E	R	B	R	E	D	A	F	A	U
U	O	I	T	G	D	R	V	E	R	I	E	L	N
N	T	D	M	N	F	O	U	F	I	N	G	E	T
D	D	D	A	I	A	T	C	I	V	I	F	R	E
O	Y	E	D	R	T	H	E	W	E	U	K	D	N
R	R	N	A	E	U	E	D	H	N	R	N	C	A
F	G	N	L	F	C	R	B	R	A	I	C	U	N
I	N	K	S	F	H	R	G	M	L	C	N	R	C
E	A	G	I	O	E	F	B	I	C	B	G	S	E
L	I	A	B	E	L	K	C	O	L	F	C	E	A
D	O	S	G	N	I	L	T	S	R	I	F	D	E

BROTHER  
 FIELD  
 TILLER  
 ABEL  
 FAT  
 ADAM  
 OFFERING  
 FIRSTLINGS  
 MARK  
 CONCEIVED  
 COUNTENANCE  
 CAIN  
 WIFE  
 DRIVEN  
 GROUND  
 ANGRY  
 HIDDEN  
 CURSED  
 FRUIT  
 FLOCK

Locate words across and down.

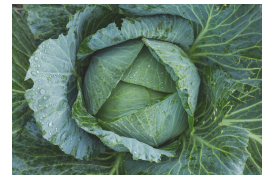
# Help Abel Find his Sheep.



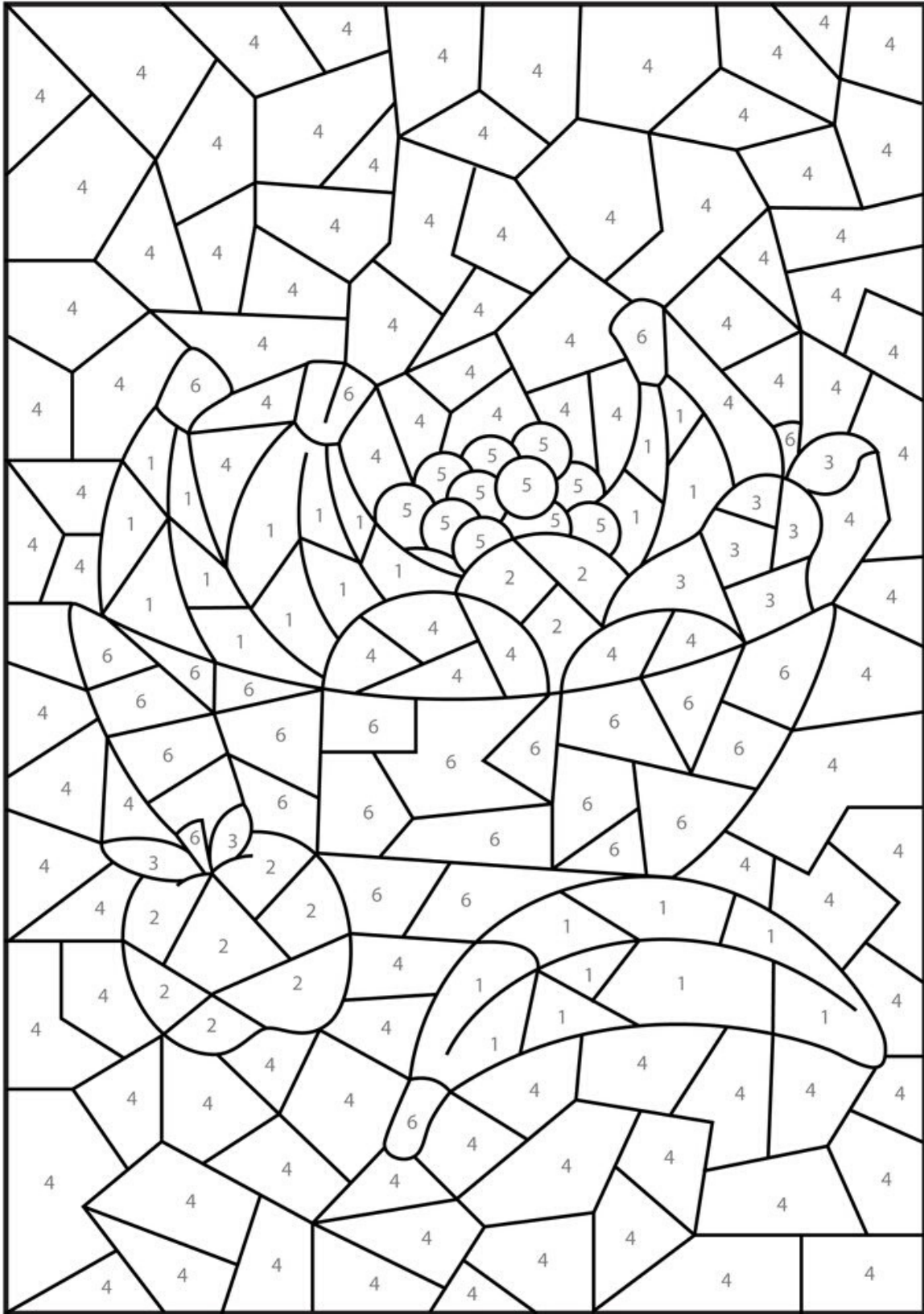
Ages 4 - 7

# Matching

Draw a line from the picture to the right brother.



# Color by Numbers



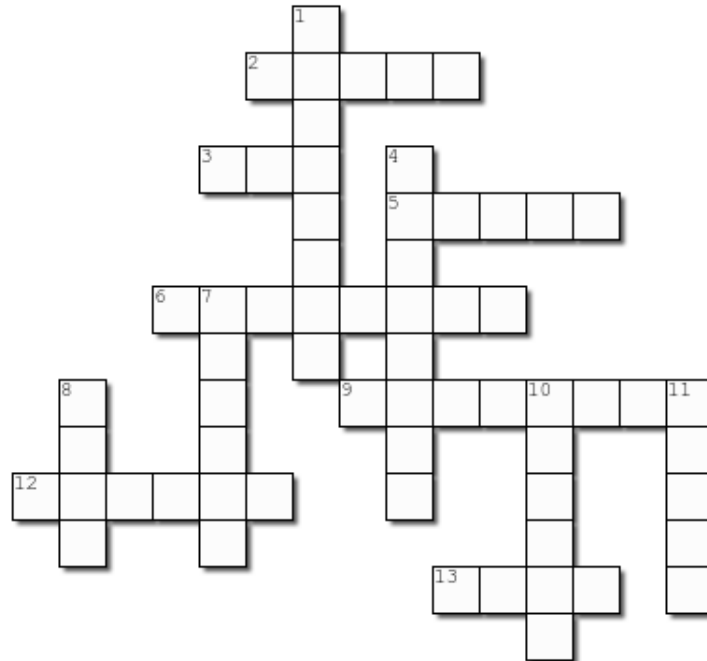
1. Yellow 2. Red 3. Green 4. Orange 5. Purple 6. Brown

**God did not accept Cain's offering.**

# Easier Crossword

## Cain and Abel (from Bible Story)

Complete the crossword below:



### Across

2. Eve was very \_\_\_\_\_.
3. Cain was taken far away to live in the land of \_\_\_\_\_.
5. Cain became very \_\_\_\_\_.
6. God accepted Abel's \_\_\_\_\_.
9. The Lord warned Cain, 'You have to control your \_\_\_\_\_.'
12. Cain suddenly attacked Abel and \_\_\_\_\_ him.
13. Adam and Eve's second son was called \_\_\_\_\_.

### Down

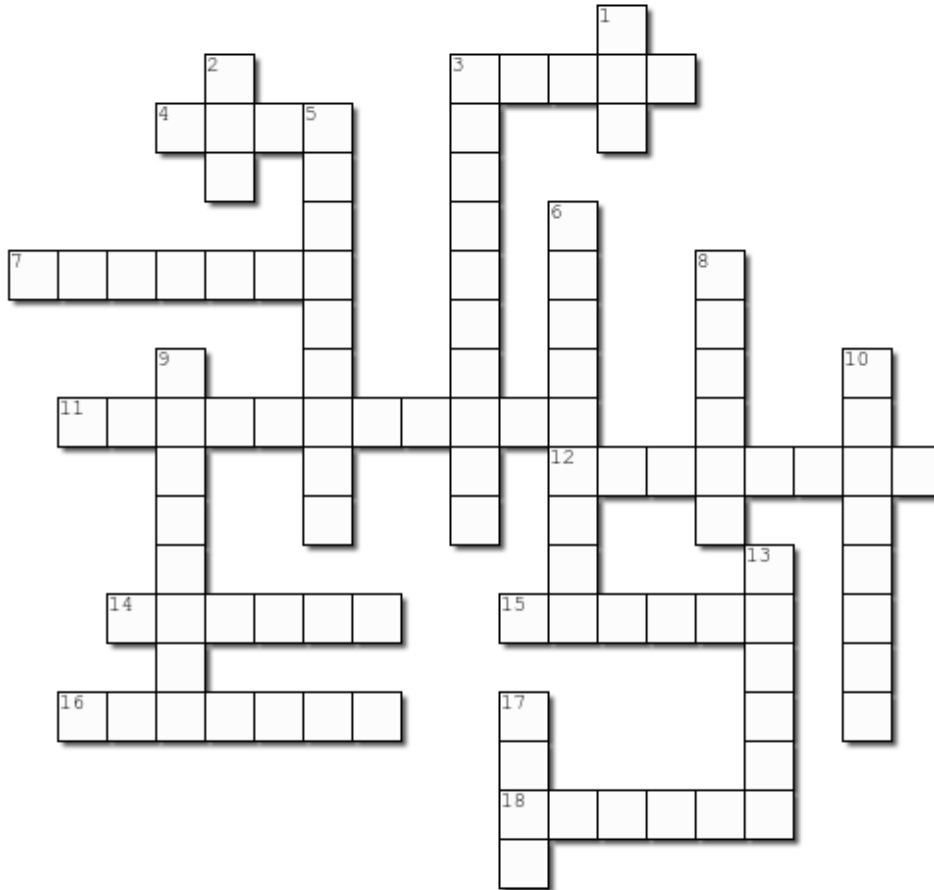
1. Cain would become a \_\_\_\_\_.
4. God then \_\_\_\_\_ Cain.
7. Cain became a \_\_\_\_\_.
8. Adam and Eve's first son was called \_\_\_\_\_.
10. Adam and Eve left the \_\_\_\_\_ of Eden.
11. Abel looked after \_\_\_\_\_.



# Harder Crossword

## Cain and Abel (Faithful Version)

Complete the crossword puzzle below:



### Across

3. Cain brought ... an offering of the \_\_\_\_\_ of the ground.
4. Eve \_\_\_\_\_ Cain.
7. Cain rose up against his \_\_\_\_\_ Abel.
11. Cain's \_\_\_\_\_ fell.
12. The LORD said, 'If you do well, shall you not be \_\_\_\_\_?'
14. Cain said to the LORD, 'I shall be \_\_\_\_\_ from Your face.'
15. Cain said, 'Am I my brother's \_\_\_\_\_?'
16. Cain said to the LORD, 'My punishment is \_\_\_\_\_ than I can bear.'
18. The LORD had \_\_\_\_\_ unto Abel.

### Down

1. God said to Cain, 'If you do not do well, \_\_\_\_\_ lies at the door.'
2. Cain went to live in the land of \_\_\_\_\_.
3. Abel also brought of the \_\_\_\_\_ of the flock.
5. Cain was \_\_\_\_\_ angry.
6. The LORD said to Cain, 'Therefore whoever kills Cain \_\_\_\_\_ shall be taken ... sevenfold.'
8. God said to Cain, 'Now you are \_\_\_\_\_ from the earth.'
9. God said to Cain, 'You shall be a wanderer and a \_\_\_\_\_ upon the earth.'
10. Cain went out from the \_\_\_\_\_ of the LORD.
13. Cain was tiller of the \_\_\_\_\_.
17. The LORD set a \_\_\_\_\_ upon Cain so that anyone ... should not kill him.

## Story Time

# The Spelling Competition

Sally's tummy fluttered with anticipation. She was now in grade 5 and waiting to compete in her first spelling competition with a prize. She wanted to please Mrs Wilson, her new teacher. She wanted to show Mrs Wilson how hard she had worked and that she had become very good at spelling.

Grandpa had helped her practice her words all week and even he thought some of the words were very, very hard yet Sally could spell them all. She thought she could win if she didn't forget how a word was spelled or get too nervous to speak. She hoped she wouldn't get that nervous! Sally felt excited, more than nervous. She was ready to show what she could do.

The school bell rang. Sally heard groans all around her. Most kids didn't want to compete in a spelling competition. She hoped that meant that they didn't work as hard as her to learn all the words. She smiled happily as she walked into the hall where the competition would be held.

Sally joined the other children at the front of the class. Mrs Wilson went over the rules with them, but Sally was too excited to pay close attention. The last one she reminded them of was for them to wait for their names to be called out before they began spelling the word. Sally was thinking of impressing Mrs Wilson with her perfect spelling and all her hard work.



Then the spelling began. One by one the children started falling out as they made mistakes. Sally smiled. She knew she could win. After a while, only Sally and Chris were left. It was Sally's turn. Mrs Wilson said the word "character." Sally spelled "c .. h .. a .. r .. a .. c .. t .. e .. r."

"I am sorry, Sally," her teacher said. "But you didn't wait until I said your name. You're out."

"But, but..." Sally spluttered.

"Quiet, Sally," Mrs Wilson said. Then she asked Chris to spell the word. Chris looked at Sally triumphantly. He got it right and won the contest. Mrs Wilson shook his hand and told him how impressed she was that he had gotten every word correct. Everyone clapped – *for Chris!*

Sally was upset. "It's unfair," she said, "I spelled it right first. He could have just copied me!"

"Yes, Sally, but you started spelling before I called your name and told you to go ahead. That's the rule. Remember?"



Tears pricked Sally's eyes, and she didn't answer. She knew it wasn't Christopher's fault, but she couldn't shake his hand because it was so unfair.

Sally went and stood near the door, waiting to go back to the classroom. She didn't want to talk to anyone because she was afraid that she would make a fool of herself and start crying.

"Sally, Sally!" Mrs Wilson walked up to her. "Why are you looking so upset? Don't you know that if you had obeyed the rules you would not have been disqualified?"

Sally's face crumpled and her voice choked with tears as she said, "I worked so hard and I knew all the words and I got the final word right! It isn't fair!"

"I can see that's how you feel, Sally, but it is fair because I told you the rules ahead of time. You will have another chance to compete next term and if you are careful to keep the rules, I'm sure you will do very well." Mrs Wilson smiled at Sally, but Sally didn't smile back. She couldn't explain that she was trying to please and impress her teacher; she felt stupid for that now. She nodded her head to satisfy Mrs Wilson and looked at the floor, discouraging any further conversation. She heard Mrs Wilson walk away.

The rest of the day went slowly. Sally didn't put much effort into any task and didn't talk to anyone if she didn't have to. She just wanted the bell to go, so she could call in and see Grandpa on the way home. Grandpa would understand how she felt, she was sure.



“It’s a tree,” Sally said, joking with him. He swatted her arm.  
“Cheeky girl,” Grandpa laughed with her.

Grandpa stood up and gave her a big hug, and she hugged him back, showing no sign of wanting to move away. Grandpa stroked her hair sympathetically.

“So, you didn’t win?” he asked.

Sally shook her head. “I got right to the end. I spelled the last word correctly, but I was disqualified!”

“Disqualified?” Grandpa sounded shocked. Sally nodded her head. “It’s not fair, Grandpa! I should have won. Chris didn’t deserve to win. He got all the praise and I got none. I feel really upset about it.”

“You did a perfect job, except it wasn’t acceptable because you broke the rule. Is that right?” Grandpa asked.

“It was a mistake, Grandpa! I didn’t deliberately break a rule. I just wanted to spell the word and win the competition. I didn’t think. That’s not the same as deliberate disobedience.” Sally’s face flushed with anger.

Grandpa put his arm around her. Come into my studio with me, and we'll take a look at a story in the Bible. Sally knew everything was going to be alright as soon as Grandpa said that. God always fixed things, even if it wasn't easy.

She sat down next to Grandpa on the sofa and waited while he opened his Bible to Genesis chapter 4. He read her the story of Cain and Abel.

"Why did you read that to me, Grandpa? A spelling competition is not a sacrifice to God!"

Grandpa looked at her over his glasses, a kind expression on his face. "Well, let's see, Sally. Perhaps there are some similarities you haven't noticed."

"Well, I am not like Cain just because I'm upset, if that is what you're saying! And if you are, that's horrible, Grandpa. I thought you liked me." Sally stiffened.

Grandpa looked at her firmly. "You came to me for help, so be respectful and pay attention."

Sally waited.

"Why do you think Cain got so upset with Abel? Abel didn't reject his offering, God did."

Sally realized what Grandpa was suggesting. "It was a competition for him, wasn't it?"

"It certainly looks like it," Grandpa nodded his head. "Cain was competing with his brother for God's approval. He had worked hard



and produced beautiful fruit and vegetables and wanted God to tell him how well he had done. He wanted God to accept him and approve of him.”

“Poor Cain!” Sally exclaimed, understanding how he might have felt.

Grandpa put his hand up. “No, Sally. Cain does not deserve your sympathy, because he responded to this disappointment with anger and violence. He murdered his brother.”

Sally sighed. “Cain broke the rule too, didn’t he? He didn’t give the offering God had asked for but still wanted God’s approval.”

Grandpa nodded, “Yes, and Cain got so upset and angry that he killed his brother. Because of this, just as Adam and Eve were cast out from the Garden of Eden, Cain was evicted from his family land and sent to live a long way away. He ruined his own life too.”

Sally got the message. “Okay, Grandpa. I have to calm down about the spelling competition, don’t I? But, I’ll have another opportunity next term and I have to be careful to obey the rules.”

Grandma looked around the doorway. “Rob, Kelly and Tom will be here soon,” she reminded Grandpa. He glanced at his watch in surprise. It was later than he thought.

“Why are Mum and Dad and Tom going to be here?” Sally asked. “Why, Sally!” Grandma laughed. “You worked so hard to learn all those difficult words and you excelled at them. So, we decided to give you a special dinner. We’re going to celebrate!”

Sally was embarrassed. “But I didn’t win, Grandma!” She felt like a fake.

Grandma stared at her for a moment before answering. “I don’t think life is so much about winning Sally, as it is about learning and growing.”

“I love you, Grandma.” Sally said.

“What about me?” Grandpa asked.

“Oh, yeah. Okay. I love you too Grandpa,” Sally replied, rolling her eyes.

Grandpa swatted her arm. No dessert for you,” he promised, but he was laughing.



*by Susan Heming*

# Prayer from Psalm 19:7,9,12

Dear Father in Heaven,

Thank you for your rules that can be trusted. Even though I am a child, they make me wise. Help me to learn respect for you, which is good and lasts forever. Help me to understand that your judgments are right and always fair.

Lord, many times I don't see my own mistakes; please stop me from committing secret sins or doing what I know is wrong. Help me to please you in the way I think and speak.

Thank you for helping me. You are the one who rescues me from danger.

In Jesus Christ's name,  
Amen.



# Next Issue

